

## Diphenhydramine (Benadryl) Dosing Chart

Child's weight (pounds)	20-24	25-37	38-49	50-99	100+	lbs.
Liquid 12.5 mg/ 5 milliliters (mL)	4	5	7.5	10	--	mL
Liquid 12.5 mg/ 1 teaspoon (tsp)	$\frac{3}{4}$	1	1½	2	--	tsp
Chewable 12.5 mg	--	1	1½	2	4	tablets
Tablets 25 mg	--	$\frac{1}{2}$	$\frac{1}{2}$	1	2	tablets
Capsules 25 mg	--	--	--	1	2	caps

\*Source: <https://www.stlouischildrens.org/health-resources/dosage-tables/diphenhydramine-benadryl-dosage-table>

**DO NOT USE UNDER 6 MONTHS OLD.**

**WHEN TO USE:** Treatment of allergic reactions, nasal allergies, hives and itching.

**DOSING:** Repeat every 6-8 hours, as needed. May cause drowsiness.

**Call 911 with severe allergic reaction symptoms or signs of throat swelling, difficulty breathing, and/or feeling light headed are present.**